



## *Inner Domain 200 Hour Application*

To attend the 200 hour Teacher Training with Inner Domain, we require that you be a sincere student of yoga and life, true to yourself and open to cultivating beginners mind as you embark on the journey of reaching new levels of consciousness through the practice of yoga for the purpose of your own fulfillment and to help others achieve the same goal.

Please answer the following questions and enclose a \$100.00 application fee. With the answers to this form please attach one written recommendation from an authority in the yoga community and any answers that you wrote separate from the allotted space on the questionnaire along with your check. Once your application is approved this application fee is non refundable. Make checks payable to Inner Domain, LLC and send to 5021 Sentinel Dr # 112 Bethesda MD. Thank you for your interest in *The Inner Domain*.

Name \_\_\_\_\_

Address \_\_\_\_\_

Address Line 2 \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_

Alternative Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Do you have any restrictive health issues, mental, emotional or physical? If so explain.

---

---

---

1. Describe your experience of yoga, including what styles, hatha or otherwise and how long you have been practicing yoga. \_\_\_\_\_

---

---

2. What do you wish to achieve from attending this training/immersion? \_\_\_\_\_

---

---

3. List the teachers who have influenced you the most and how. \_\_\_\_\_

---

---

4. In your opinion what qualities embody a yoga student/teacher? \_\_\_\_\_

---

---